



Kendall Fowler

Major: Health Enhancement

Hometown: San Jose, CA

Phone Number:

Email:

My name is Kendall Fowler, and I am in my senior year at Montana State University. I am currently in the process of pursuing a degree in K-12 Health Enhancement. In 2021, I graduated from Branham High School in San Jose, California. I come from a large area where academics and athletics are the main priorities. In my years in school, I have been a part of so many extracurricular activities such as basketball, softball, track and field, student body, and on-campus clubs (Best Buddies, Aspiring Educators Club and Health Enhancement Majors Club). So far, in my teaching experience in college, I have loved all the relationships I've built with not only the students but their parents. I am so excited to see what the future holds for me as a Health Enhancement teacher and all the future relationships I'll build with my students.

My goals as a teacher are to change the ways that students look at Physical Education and Health Education. I was one of the kids all throughout middle and high school who hated my physical education classes because my teachers always made us run an insane amount. I saw no purpose to it, until I met my weight training teacher in high school, and she changed my whole outlook on physical activity. She made me realize that there is a purpose for activity both physically and mentally. I want to do that for my future students. I want to be a teacher who can be there for my students in all aspects. I chose Health Enhancement as my major for several reasons. I have had so many amazing physical education teachers and some teachers that I wish no student will ever have. I have been inspired by all types of teachers and they all are the reason why I am here today. I believe that not everyone can teach, those who teach need to be there for a purpose. My purpose is to benefit and support my students in all aspects of life and to educate the youth on physical activity and health topics.

